

# 12TH ANNUAL CELEBRATION OF HOPE WALK

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## RESOURCE GUIDE 2025



SPREADING AWARENESS ON ADDICTION.  
PROVIDING HOPE & SUPPORT FOR THE COMMUNITY.

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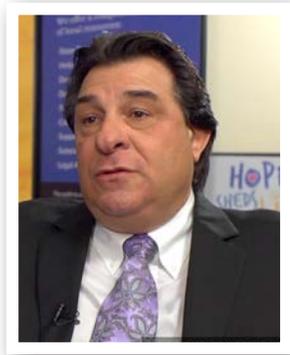
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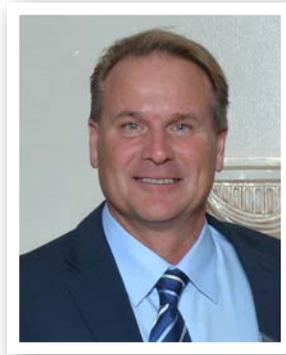
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[ Ron L. Rosetto ]



[ Stephen L. Willis, Esq. ]



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**Toll-Free HELP Line: 855.850.HOPE**

HOPE Sheds Light is supported by friends and families directly affected by substance use disorder, and found recovery through continuous love, support and understanding.

# Welcome to



## OUR MISSION

The mission of HOPE Sheds Light is to raise awareness and educate individuals, families and the community about the impact of substance use disorder by having the courage to share personal experiences and offer strength, wisdom, hope and resources that lead to positive community change and long-term recovery.

## OUR VISION

HOPE Sheds Light will lead a transformative movement that removes the fear and stigma surrounding the disease of addiction through a loving, recovery-driven, safe, trusting and hopeful environment that brings wellness to the community and allows families to have the courage to heal and recover.

HOPE Sheds Light is supported by friends and families directly affected by substance use disorder, and found recovery through continuous love, support and understanding.

A New Jersey Non-Profit Corporation  
IRS 501(c)(3) – Tax ID: 46-3910504

## OUR STORY

HOPE Sheds Light (HSL) was started after Ron Rosetto lost his son, Marc A. Rosetto to a hard-fought battle against substance abuse disorder. When the Rosetto Family was going through this very difficult time, they struggled to find the help they so desperately needed. Since the family and friends of those with addiction problems often feel isolated, ashamed, overwhelmed and hopeless, Ron, alongside friends Stephen Willis and Arvo Prima, whose sons also were battling addiction at the time, founded HSL. Shortly after, Stephen's son, Mark Kyle Willis, 31, lost his battle with the disease of addiction on September 15, 2013. A few years later, Arvo's son, Paavo Jaan Prima, 25, lost his fight with the disease on April 5, 2017.

Ron, Stephen and Arvo have since dedicated their lives to keeping their sons' legacy alive by helping others find the courage to face addiction and find recovery so that other people's sons and daughters might live. HSL believes there are many paths to recovery, but to be successful, one must have to want change and believe that change is possible.

In 2021, HSL acquired Recovery Advocates for the Shore (RAFTS), founded by Nicole Federici, to expand its recovery services throughout Ocean and Monmouth counties. Through this acquisition, HSL's goal is to create a community where non-judgmental support is standard and multiple pathways to recovery are embraced. HSL will continue to expand its services to young people and families in recovery by offering programming that will engage adolescents and young parents to effectively end the generational cycle of addiction.



**MARC A. ROSETTO**

*(June 12, 1980 - November 21, 2012)*



**MARK KYLE WILLIS**

*(November 7, 1981 - September 15, 2013)*



**PAAVO JAAN PRIMA**

*(August 3, 1991 - April 5, 2017)*



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**HOPEShedsLight.org**



# 2024 BY THE NUMBERS

Your support is making a difference in the community.

**87%** of the people who interacted with us were engaged in multiple services



**937**

FAMILY MEETING ATTENDEES



**987**

INFORMATION & EDUCATION CALLS



**307**

SOBER LIVING ASSISTANCE



**264**

YOUTH SERVED (UNDER 18)



**77**

COMMUNITY PRESENTATIONS



**204**

RECOVERY COACHING PARTICIPANTS

**4,831**

HARM REDUCTION SUPPLIES HANDED OUT

**439**

PARTICIPANTS REFERRED TO TREATMENT

**33**

GRADUATES FROM FOSTERING HOPE Our Academic and Workplace Improvement Program



**11,272**

TOTAL FACEBOOK FOLLOWERS (ALL TIME)



**82,735**

FACEBOOK REACH



**7,715**

INSTAGRAM REACH



**508**

PODCAST DOWNLOADS



**2,722**

HELPLINE CALLS  
24/7 Talk. Text. Chat.

# 2025 Resource Guide

## A Note about the Guide

At the heart of HOPE Sheds Light's (HSL) mission is the desire to connect with other families who have questions about, have concerns with or who may just want to gain a deeper understanding about substance use or addiction/substance use disorder. HSL is a peer-driven organization meaning we all have a personal connection to addiction and recovery. We developed this guide to be user friendly and to serve as a tool for other families like ours who didn't know where to begin or how to access help when we needed it the most. Most importantly, we created this guide in order to Shed Light on the HOPE that can be lost for many families. HOPE that support is close by, that you are not alone and that Recovery happens.

Whether you are a family member of a loved one who is not yet in recovery, an individual seeking support, a member of a family celebrating recovery, a family member who lost a loved one to the disease of addiction or a friend or ally of recovery, this guide is meant for you.

**Please remember, if at any point you feel as though you need immediate assistance, we encourage you to reach out to our helpline at 855.850.HOPE for additional support.**

## Getting Started

There is nothing easy about finding help. Unfortunately, the system and the process is not very straightforward. There are various types and levels of care and knowing which approach and/or level of care can be tricky. In addition, navigating the many insurance plans can leave some people even more confused and stressed. We designed this resource guide to provide contact information that ranges from self-help options to more clinical/treatment options based on the different 'levels of care'. We have also included information on various Recovery Support programs. This is a quick guide, we encourage you to go to our website for more detail on insurance navigation and determining what level of care is most appropriate.



**Scan Here to  
View All Resources**





# OUR PROGRAMS:

## Community Support

- Helpline: Talk. Text. Chat.
- Online Resources
- Community Education
- Community Outreach
- Harm Reduction Education

## Recovery Capital

- Wellness Programs
- Harm Reduction Support
- Recovery Coaching
- Grief and Bereavement Support Group

## Family Strengthening

- Evidence-Based Family Management Programs
- Grief Support
- Family Recovery Coaches
- Recovery Coaching for Parents in Recovery
- Weekly Family Support Meetings

## Youth Programs

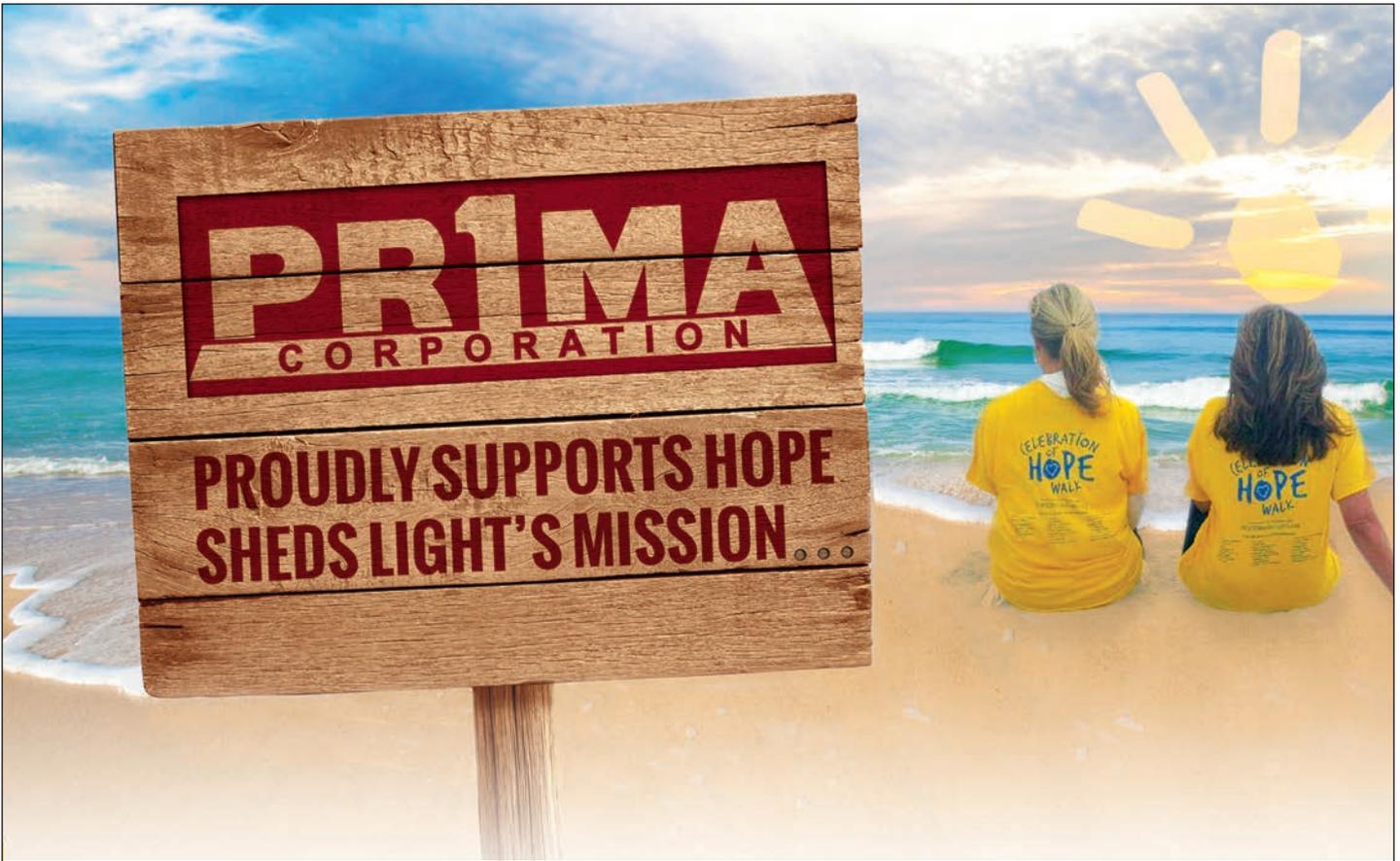
- Youth Advisory Counsel
- Youth Voices for Recovery Podcast
- Social and Recreational Activities
- Academic and Vocational Support

## Pathways to Workplace Wellness

- Supports businesses in becoming Recovery Friendly Workplaces
- Strives to reduce stigma and create positive workplace culture
- Includes on-site education and training
- Provides confidential online employee resources



Saving one person  
**WILL** affect the  
entire community.



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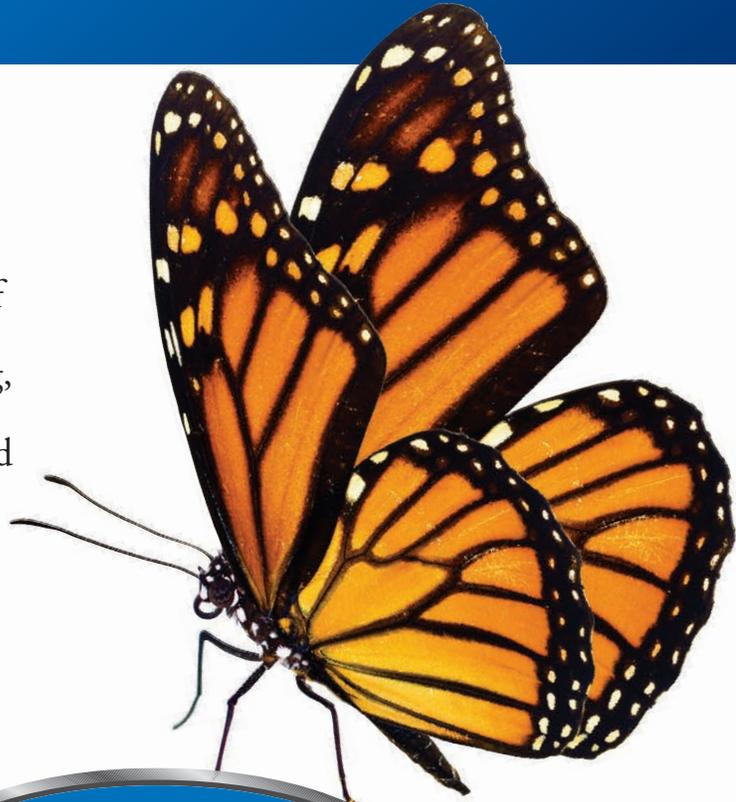


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*Philanthropy lies at the heart of our identity, as we actively invest in the betterment of our people and our communities. Through the Earle Family Foundation and impactful partnerships, we champion diverse initiatives supporting educational programs, environmental conservation, and community development projects that leave a positive and lasting impact on the lives of those we serve.*

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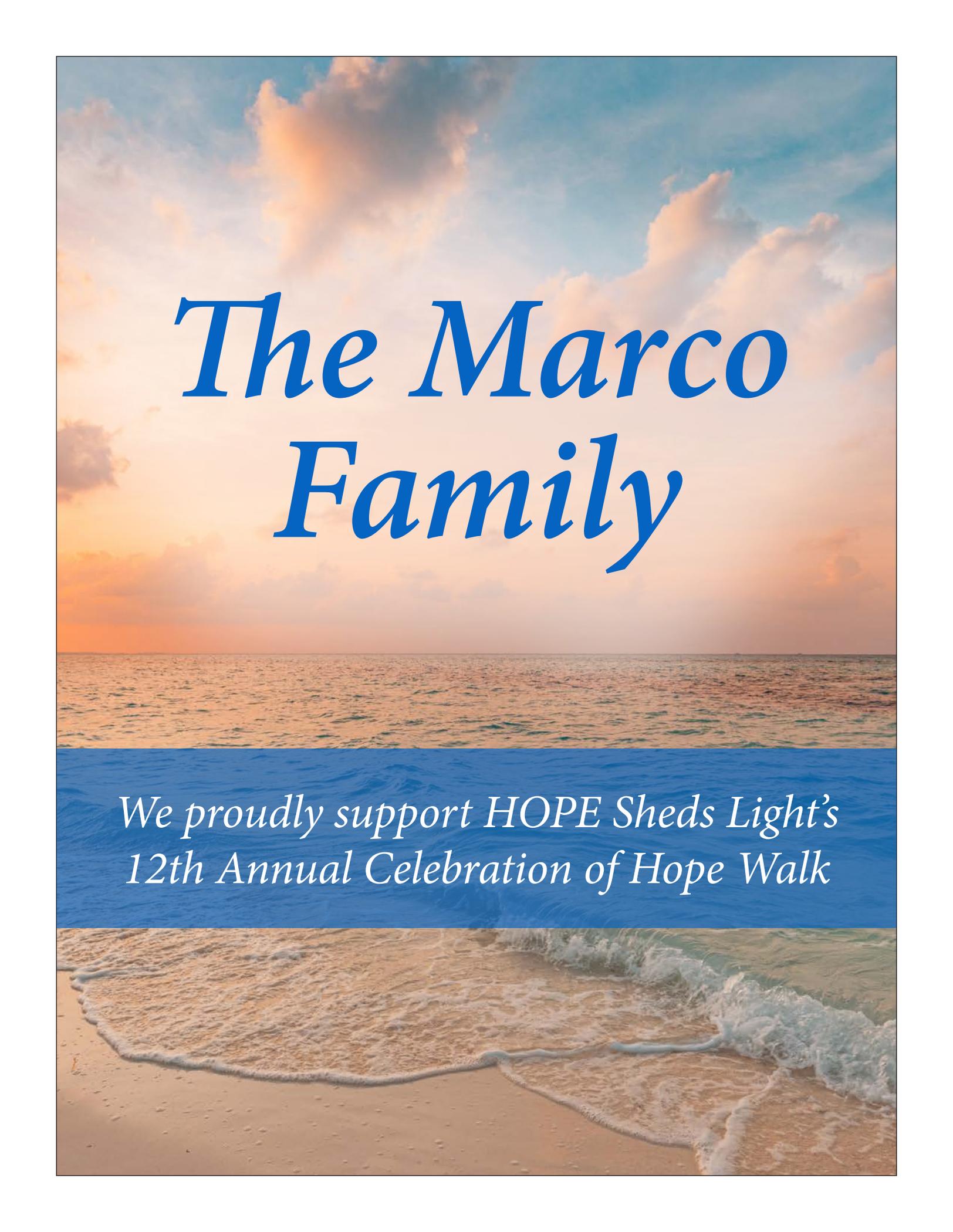
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AND HOPE TOWARD RECOVERY.

---

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Lillian R. Citta (1919-2008)

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Justin Citta

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**in sharing hope for recovery  
from addiction♥**





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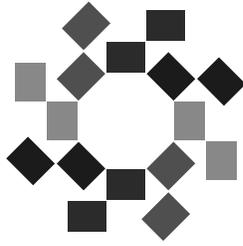
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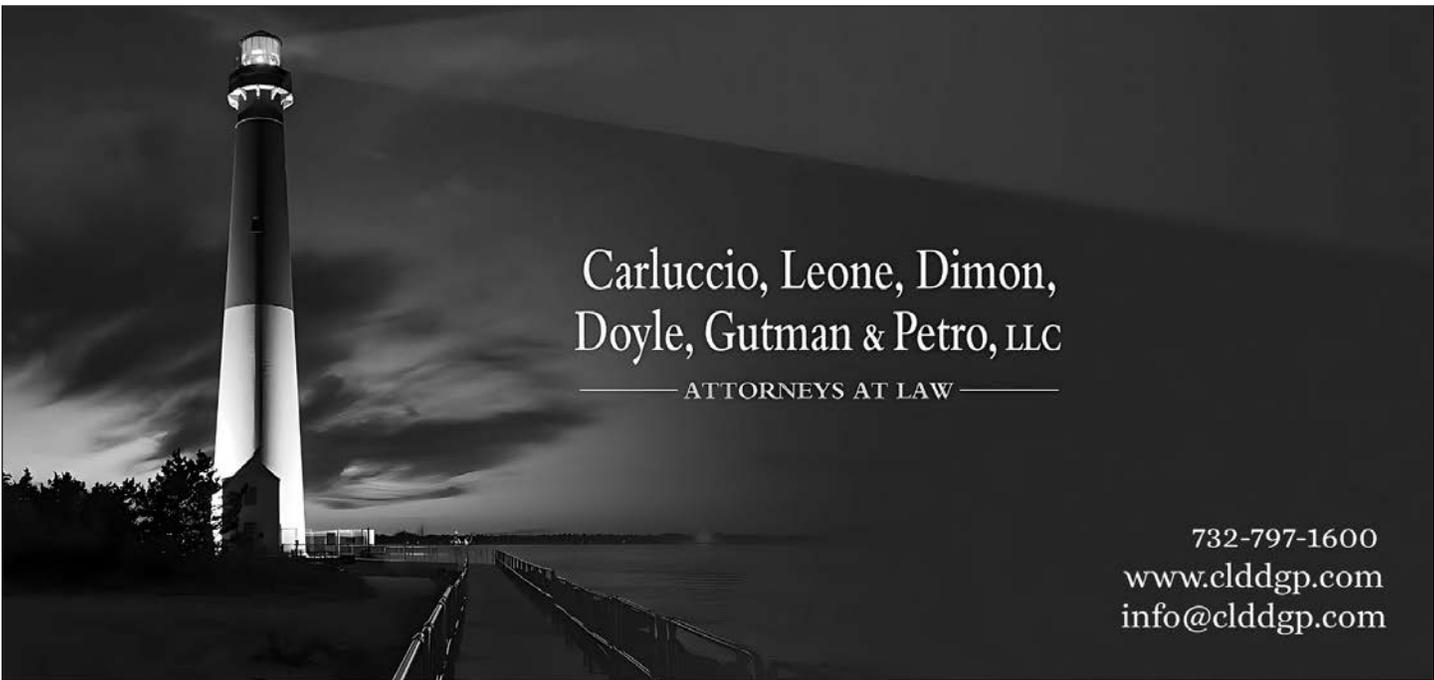
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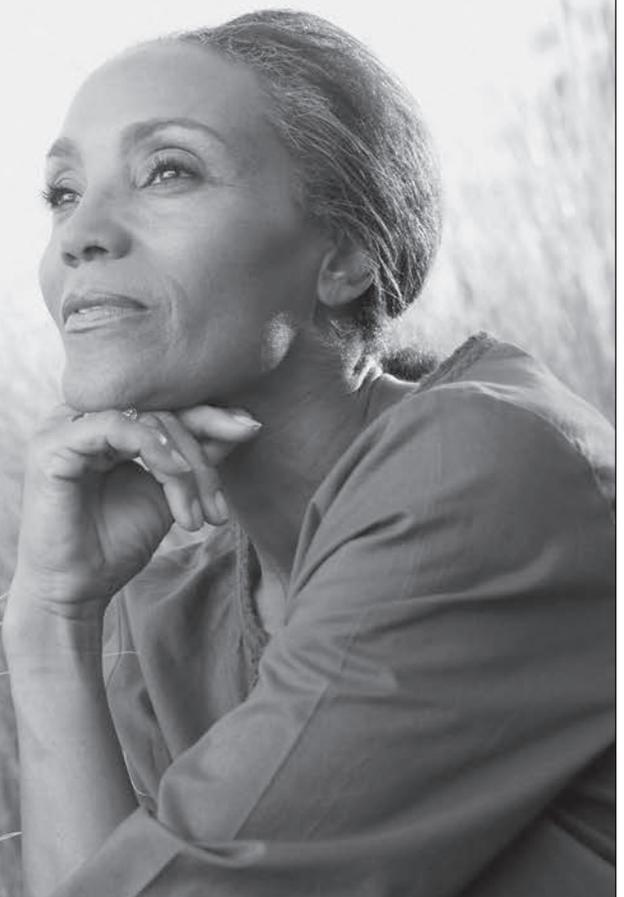
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about progression,  
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